

#BEMORERORY

I am Rory Procek and I am 9 years old. I have plenty of time to grow and develop my skills but my Mum and Dad encourage me to try new opportunities as much as possible because **#DisabilityDoesntDefineRory**.

If I see a puddle then I jump in it. If I want a cuddle I come for one. I want to be happy so do what needs to be done! My Mum and Dad developed a phrase called **#BeMoreRory** because I live the best life I can.



I have personal care needs and now I'm 9 we find that very few facilities cater for these needs. That means if I'm out and need the toilet, if there is no Changing Places toilet then I have 3 options: leave and go home, be tended to in the car which is embarrassing or have to be changed on a toilet floor which is disgusting and degrading. My parents refuse to do this but sometimes there is no alternative now I'm too big for a baby changing station. By encouraging my parents to be ambassadors there are now 2 in Falkirk with more hopefully to come.

In addition, the Scottish Government listened to us and other families and have now changed not only Building Regulation but also Planning Regulation legislation so all new buildings over a certain size need to have a Changing Places toilet. This means that over time I will be able to go to more and more places and not worry about a toilet. This is **#InCLoosion**

#AJobForEverybody



MY ACHIEVEMENTS SO FAR

I am a Central FM Ultimate Hero. This celebrated my fundraising efforts during lockdown. In March, my Granda died and his wish had been to go to Strathcarron Hospice. Unfortunately, he died before he could go so as a family we wanted to raise funds and **#Rorys5kADayInMay** challenge began. Despite the weather conditions I travelled 5k each day. My Mum nominated me in the "Standing with Strathcarron" award and we were so excited to win that category and then be crowned the Ultimate Hero.

I have also encouraged my Mum, Dad, family members and friends to become Changing Places Ambassadors.



MY SKILLS:

My confidence and determination to do what I want to do especially to make me happy!

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